

AVOCADO MOUSSE

Ingredients:

- 1 large avocado
- 1 tablespoon heavy whipping cream
- 1/2 medium orange, juiced
- 1/2 medium lemon, juiced
- Salt and pepper

Directions:

Scrape the flesh of the avocado into a medium mixing bowl, discarding the skin and pit. Mash with a fork until moderately lumpy. Add cream, orange juice, and lemon juice and stir gently to combine. Season with salt and pepper, to taste, and stir until well mixed.

Goes well with crab, shrimp, fish.

